HOW TO PICK A TEAM BUILDING GAME

Find the perfect exercise to fit your time, budget and goals.

What is my goal?

RAISE AWARENESS OF ISSUES, STYLES, & ROLES
- Helium Stick (25)
- Team Dynamics Thumball (30)
- Marshmallow Challenge (45)
- Style Play Cards (30)
- Leadership Game (45)
- Challenging Assumptions (30)

BUILD SKILLS
- Listening
  - Murder Mystery (30)
  - Workstations (60)
- Process Improvement
  - Pass the Chicken (45)
  - What Goes Around (45)
- Communication
  - River Crossing (40)
  - Toxic Waste (30)
  - Toobeez (10-120)
  - My Communication Style (60)
  - Symbols (60)
  - Tall Ships (2 hr)
  - Colourblind (90)
  - Electric Maze (90)

BRING TEAM TOGETHER
- Team Dynamics Thumball (30)
- Quotations Game (30)
- Values Game (60)
- Images of Organizations (30)

TALK ABOUT OUR DYNAMICS
- Huddle Deck (15)
- Ups & Downs Deck (30)
- Strengths to the Max (30)
- View Changer Cards (30)
- LIVE Game (45)

PROBLEM SOLVE TOGETHER
- Murder Mystery (30)
- Marshmallow Challenge (45)
- Seeing the Point (15)
- River Crossing (40)
- Perfect Square (45)
- Search & Rescue (45)
- Toobeez (10-120)

BUILD RELATIONSHIPS
- Seeing the Point (15)
- Perfect Square (45)
- Search & Rescue (45)
- Toobeez (10-120)

“CO-OPETITION”
- Win, Win, Win (45)
- Common Currency (90)
- T-Trade (60)

PROBLEM SOLVE TOGETHER
- Huddle Deck (15)
- Ups & Downs Deck (30)
- Strengths to the Max (30)
- View Changer Cards (30)
- LIVE Game (45)

DON’T FORGET TO DEBRIEF
Ask key questions to help your group process the learning experience. ASK:
1. What happened?
2. How did you feel?
3. What worked?
4. What would you do differently?
5. How can we apply the learning to the real world?

Time estimates (in parentheses) include a short debrief. Plan on more time for a richer discussion.

game details at officeoxygen.com